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# Modified Pre-stretching Assembly Method for Cable-Driven Systems



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#### Abstract

Soft cable-driven systems have been employed in many assembled mechanisms, such as industrial robots, parallel kinematic mechanism machines, medical devices, and humaniform hands. A pre-stretching process is necessary to guarantee the quality of cable-driven systems during the assembly process. However, the stress relaxation of cables becomes a critical concern during long-term operation. This study investigates the effects of non-uniform deformation and long-term stress relaxation of the driven cables owing to moving parts in the system. A simple closed-loop cable-driven system is built and an alternating load is applied to it to replicate the operation of transmission cables. Under different experimental conditions, the cable tension is recorded and the boundary data are selected to be curve-fitted. Based on the fitted results, a formula is presented to estimate the stress relaxation of cables to evaluate the assembly performance. Further experimental results show that the stress relaxation is mainly caused by cable creep and the assembly procedure. To remove the influence of the assembly procedure, a modified pre-stretching assembly method based on the stress relaxation theory is proposed and verification experiments are performed. Finally, the assembly performance is optimized using a cable-driven surgical robot as an example. This paper proposes a dual stretching method instead of the pre-stretching method to assemble the cable-driven system to improve its performance and prolong its service life.

Keywords: Performance, Cable-driven system, Pre-stretching, Assembly

#### 1 Introduction

Assembly systems may consist of rigid components or compliant components, such as cables [1-3]. Soft cabledriven systems have been employed in many areas, such as industrial robots, parallel kinematic mechanism machines, medical devices, and humaniform hands [4-8]. The special characteristics of such systems are described as follows [4, 9-11]: a) Cables need to be subjected to a stretching force. When the stretching force decreases to zero, the cables will loosen and stop functioning. Thus, the cables must be maintained in tension throughout the assembly process; b) Cable-driven systems occupy smaller space than traditional link-driven systems, and consequently, a larger area can be available for other components; c) Owing to their flexibility, cables

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can transmit force in small-space and multi-curvature environments; d) Cable-driven systems are more competitive in the market owing to lighter materials and smaller inertia; e) Cables would easily result in creep and stress relaxation during long-term operation. Thus, although cables have reliable features, they have remarkable shortcomings as well, which hinder their further application.

In general, researchers have focused on the kinematics of cable transmission systems. Generally, cables are regarded as inelastic components and are used in the constant-curvature model, which can simplify the kinematics and function well in many cases [12–14]. In more sophisticated models, the physical properties of cables, such as elasticity, mass, and friction, should be considered. For example, in Camarillo's work, a cable is modeled as a spring in analyzing a cardiac catheter robot [11, 15]. Kozak et al. [16] proposed a static model of cable-driven robotic manipulators with non-negligible cable mass. Chen et al. [17] proved that the inverse transmission model with friction would help control

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the displacement of a tendon–sheath transmission system without feedback.

In addition to kinematics analysis, there have been numerous studies on creep behaviors of cables to make cable-driven systems more precise and reliable [18, 19]. Guimaraes et al. conducted an experiment on the creep tests of aramid cables and proposed an empirical expression for the prediction of long-term creep [20]. Calì et al. [21] proposed an original creep prediction model with a unified comprehensive formulation and utilized the ANSYS finite element model simulations for the model validation. Kmet et al. used a modified nonlinear force-density method and a modified dynamic relaxation method to analyze the stress relaxation of cable nets [22–24]. Xu et al. [25] considered the cable assembly as a whole and proposed a creep model based on the modified Norton-Bailey equation; however, it is difficult to apply this model as it involves too many parameters. Thus, several creep and stress relaxation models have been presented, but most of them have focused on static analyses and creep models rather than dynamic analyses and stress relaxation models, which determine the working performance of cables.

In the assembly of a cable-driven system, we generally only consider the initial preload of the transmission cable as the reliable and measurable indicator for the system, but ignore the structure of the cable-driven system and complex operating conditions. Consequently, the stress relaxation of the transmission cable is unpredictable. For surgical robots and instruments, such a phenomenon may have serious consequences. Therefore, Intuitive Surgical, Inc., the company that owns the da Vinci robot-assisted surgical system, has devised strict rules for the service life of its instruments in order to enhance the safety of the entire robot system; consequently, its products are relatively expensive (Figure 1).

This study investigates the stress relaxation of cables in a cable-driven assembly and develops a solution for cable assembly using a modified pre-stretching assembly method.

#### 2 Cable-Driven System Assembly

#### 2.1 System Assembly

A complex cable-driven assembly may consist of many components, such as sheaves, guide pulleys, cables, and other components, as shown in Figure 2(a) [26]. It can be simplified to a typical single-loop cable-driven system composed of a master sheave, several guide pulleys, a slave sheave, and two transmission cables, as shown in Figure 2(b). The master sheave is connected to the motor, acting as the power input of the system. The slave sheave is connected to the moving parts of the system, functioning as the output. The guide pulleys change the directions of transmission to prevent the cable from interfering with other parts or being joined with the non-coplanar master and slave sheaves. Generally, two cables are connected to the master and slave sheaves to form a closed loop, which can transmit the forward and reverse driving





forces, respectively [27, 28]. If there is only one driving cable at one side, a spring-back component would be integrated at the opposite side [29]. The structure of the cable is shown in Figure 2(c). Several hairlines are twisted together tightly with very small space inside. This type of structure makes the cable flexible but can also lead to complex deformation whose model is difficult to build.

#### 2.2 Force Analysis of Cables and the Maxwell Model

As for the transmission cable between the sheaves and pulleys, its stretching behavior is simple because it maintains pure tension. Thus, the Maxwell creep and stress relaxation model can be applied to the analysis of its stress relaxation [30, 31]. The simplest Maxwell model can be regarded as a spring-damper system as shown in Figure 3. Thus, a set of equations can be obtained:

$$\begin{cases} \dot{\varepsilon}_d = \sigma/\eta, \\ \varepsilon_s = \sigma/E, \\ \varepsilon = \varepsilon_d + \varepsilon_s, \end{cases}$$
(1)

where  $\sigma$  and  $\varepsilon$  represent the stress and strain of the model, respectively;  $\eta$  is the damping coefficient of the damper, *E* is the Young's modulus of the spring, and the subscripts *d* and *s* represent the damper and spring, respectively. Eq. (1) can be converted into a single formula as follows:

$$\dot{\varepsilon} = \frac{\sigma}{\eta} + \frac{\dot{\sigma}}{E}.$$
(2)

In the stress relaxation mode, the differential of the strain is equal to 0. Thus, Eq. (2) can be written as

$$\frac{\dot{\sigma}}{\sigma} = -\frac{\eta}{E}.$$
(3)

By integrating Eq. (3), the stress relaxation formula of the Maxwell model can be obtained as

$$\sigma(t) = \sigma_0 e^{-t/\lambda},\tag{4}$$

where  $\sigma_0$  is the initial value of stress, t is time, and  $\lambda = E/\eta$  is defined as the relaxation time, which indicates that the force is reduced to 1/e of its initial value when t is equal to  $\lambda$ .



When the cable is wound around the wheel, it can be influenced by the interaction of tension, pressure, friction, and inside deformation. Subsequently, the behavior of the stretching force becomes more complex and difficult to analyze. Although a theoretical creep constitutive model has been proposed in Ref. [25], it is difficult to apply as it involves many parameters. Moreover, the influence of the assembly structure and the alternating load on the cable has been neglected. Therefore, we intend to develop a modified relaxation model based on experimental data by considering the cable-driven system as a whole and replicating its motion and also to verify the law of stress relaxation.

In a cable-driven robot, the cables are generally either wound around the wheel or between the sheaves. Therefore, if a module consisting of these two types of cables is analyzed, the results could be applied to the entire robot system.

### 3 Experiments and Results

#### 3.1 Experiment Setup

An experimental device has been installed to simulate the actual working environment of the cable-driven system, as shown in Figure 4(a) and (b). Herein, the master sheave W1 is connected to the servo motor; the slave sheave W2 is connected to the electromagnetic brake, which functions as the system load; p1 to p4 are the guide pulleys; K1 and K2 are used as the hard limit switches and S acts



as the tension sensor. A common method for testing the cable tension is to pass the cable through three wheels as shown in Figure 4(c). When the angle between the cables on the two sides of the middle wheel is 120°, through force balance analysis it can be concluded that the normal force deployed on the middle wheel is equal to the cable tension (if the friction is ignored). The transmission cables connect W1 to W2 from upward and downward directions to form a cable loop. The electromagnetic brake can adjust the torque resistance in the range 0-4 N·m and the driving motor can provide a torque of 3 N·m. The diameters of both the drive and slave sheaves are 40 mm. The sensing precision is limited to 0.01 kg.

When the simulation system is operated, the real-time cable tension would be recorded using the tension sensor. The data would reflect the real relaxation of the cable including all the causations. Subsequently, a data-based stress relaxation formula for a cable-driven system can be derived.

## 3.2 Stress Relaxation under Alternating Load 3.2.1 Stress Measurements

A piece of commercial stainless-steel cable with the diameter of 0.686 mm and the maximum load of 40.8 kg is used in the experiments. According to the tension measurement, the initial preload is set to 6.0 kg. The speed of the servo motor is 30 r/min, which produces a stroke of  $\pm$  360°. The load of the motor is 0.3 N·m and the test duration is 120 min. The experimental results are shown in Figure 5. Figure 5(a) displays the detailed tension change along with the periodic motion of the cable system in one minute. Although the change in tension over a short period is not of critical concern, notably, the cable bears different loads when the motor rotates in different directions. When the motor rotates

in the clockwise direction, the cable below functions as an engine and bears the load torque and its tension increases rapidly; however, when the motor rotates in the counterclockwise direction, the cable becomes relaxed and the tension decreases quickly. In a movement cycle, a maximum tension and a minimum tension are generated. The maximum tension data within the test time constitute the top tension boundary and the minimum tension data constitute the bottom tension boundary. Figure 5(b) shows the cable tension caused by the long-term cyclic loading. As the time axis is compressed, the numerous blue lines shown in Figure 5(a) appear to be a contiguous blue area. It can be observed that both the top and bottom boundaries of the tension decrease with time and the drop speed decreases more quickly in the initial stage.

The top and bottom boundaries of the cable tension are modeled by using the Curve Fitting Toolbox in MATLAB (The MathWorks, Inc.). The result indicates that the stress relaxation can be described by the following function:

$$T = ae^{bt} + ce^{dt}, (5)$$

where *a*, *b*, *c*, and *d* are constant parameters, *t* represents time, and *T* represents the cable tension.

We performed additional experiments with different cable diameters to verify the accuracy of Eq. (5). As indicated by the results in Figure 6, Eq. (5) satisfies the requirement of the relaxation model under the alternating load condition. The fitting parameters of the six lines in Figure 6 are listed in Table 1. Subscripts t and brepresent top and bottom, respectively.

Based on the fitted parameters, it can be observed that there is a significant difference in the parameter values (a < c, b >> d), which indicates that the stress



 Table 1 Fitting parameters of the tension boundary

		Diameter (mm)		
		0.610	0.686	0.813
а	a <sub>b</sub>	0.3949	0.4912	0.3856
	a <sub>t</sub>	0.3852	0.4894	0.3730
Ь	$b_b$	- 0.1415	- 0.1174	- 0.0972
	$b_t$	- 0.2057	- 0.1439	- 0.0977
С	Cb	3.2620	3.3170	3.0930
	Ct	6.3900	5.9800	6.5370
d	$d_b$	$-1.152 \times 10^{-3}$	$-9.184 \times 10^{-4}$	$-3.518 \times 10^{-4}$
	$d_t$	$-6.289 \times 10^{-4}$	$-4.328 \times 10^{-4}$	$-9.061 \times 10^{-5}$
ts (min)	ts <sub>b</sub>	9.8593	14.6534	13.5996
	ts <sub>t</sub>	3.3925	6.5817	6.9740

Subscripts t and b represent top and bottom, respectively

ts represents the time at which  $T_1$  decreases to 3% of  $T_{2'}$  which indicates that the influence of  $T_1$  can be ignored

relaxation is influenced by different factors. To explore the contributing factors of the parameters, we divided Eq. (5) into two parts as follows:

$$\begin{cases} T_1 = ae^{bt}, \\ T_2 = ce^{dt}. \end{cases}$$
(6)

Considering the cable of diameter 0.686 mm as an example, its tension boundaries (blue lines in Figure 6) can be divided into four curves according to Eq. (6) as shown in Figure 7. It can be observed that the  $T_1$  parts of the two boundaries (the blue solid and pink dotted curves) are nearly coincident with each other and present a tendency of rapid decline with time. In contrast, the  $T_2$  parts (the green and orange curves) remain the principal residual stress of the cable and show a similar tendency of stable decline.





We have conducted comparative experiments to explore the factors influencing  $T_1$  and  $T_2$ . As the different diameters of cables result in the same formula, we consider the cable with diameter 0.686 mm as an example to conduct the subsequent experiments.

#### 3.2.2 Stress Measurement after 12 h

Based on the tension measurement shown in Figure 6, the experiment is stopped and the assembly is maintained in rest for 12 h. During this period, the cable is maintained in tension, and hence, it undergoes no more stretching and it does not need to be assembled for the subsequent measurement. Subsequently, we restart the experiment.

Figure 8 demonstrates the tension change and the boundaries can be fitted as follows:

$$T' = c'e^{d't},\tag{7}$$

and the parameters are

$$\begin{cases} c'_b = 2.937, \quad d'_b = -4.619 \times 10^{-4}, \\ c'_t = 5.712, \quad d'_t = -2.571 \times 10^{-4}. \end{cases}$$
(8)

According to Figure 8 and Eqs. (7) and (8),  $T_1$  disappears but  $T_2$  still exists. Thus, the factors contributing to  $T_1$  have been eliminated during this period, but  $T_2$  is not affected. Further, the relationship of  $T_2$  versus time accords well with the Maxwell creep model, which indicates that the decrease in  $T_2$  is caused by cable creep.

#### 3.2.3 Stress Measurement of the Reassembled System

Although the factors contributing to  $T_2$  are evident, those contributing to  $T_1$  are still unknown. Thus, the following comparative experiment is conducted.

Initially, the previous experiment is repeated. According to the method described in Section 3.2.1, a piece of



new cable is adopted and its stress is measured under the alternating load. When the stress reaches a steady state, the process is suspended. Subsequently, the cable is loosened and the system is reassembled at once so that the cable tension will not be influenced by other factors. The value of the pre-stretching force is set to be the same as that in the previous experiment. The tension is measured continually and the result is shown in Figure 9. It can be observed that the factor contributing to the sharp decline reappears after the reassembly, which indicates that  $T_1$  is influenced by the assembly process.

#### 3.3 Summary

The above experiments demonstrate that the stress relaxation is mainly due to two reasons: the system structure and assembly process  $(T_1)$  and the cable creep  $(T_2)$ . Creep, which is a fundamental property of physical objects under long-term stress condition, cannot be removed. However, the creep indicates a gradual stress relaxation in the cabledriven system, which indicates that the creep will not degrade the quality of the system in a short period. However, as shown in Figure 7,  $T_1$  will decline to zero quickly. As indicated by the parameters in Table 1,  $T_1$  accounts for approximately 8%–15% of the total tension. Therefore, there was evident stress relaxation in the initial stage of operation of the cable-driven system using the traditional pre-stretching method, which influences the accuracy, stability, and operation time of the mechanism. Thus, we propose a dual stretching method.

#### 4 Dual Stretching Method

#### 4.1 Introduction of the Dual Stretching Method

From the above experiments, we have concluded that the cable tension declines quickly in the initial stage of operation owing to  $T_1$ . Thus, for a stable and long service life,  $T_1$  ought to be eliminated. As  $T_1$  is produced by the system structure and assembly process, it can only be eliminated by system movement. Therefore, a driving device is necessary for assembling the cable-driven systems. After the elimination of  $T_1$ , the cable tension will be decreased to a certain extent. Subsequently, we increase the cable tension to its initial preload. Without the influence of  $T_1$ , the system will operate in a good condition and its service life can be prolonged. An experiment is conducted to verify the proposed method.

Step 1: Calculate the stable time. In the experiment, the time at which  $T_1$  accounts for 3% of  $T_2$  is considered as the stable time, because  $T_1$  is negligible in this case. Thus, according to Eq. (6), it can be obtained that

$$ae^{b \cdot ts} = 0.03ce^{d \cdot ts},\tag{9}$$

where *ts* represents the time at which the stress becomes stable and it can be solved as

$$ts = \frac{\ln(0.03c/a)}{b-d}.$$
 (10)

The value of ts is shown in Table 1. In a typical system, when both  $ts_t$  and  $ts_b$  become stable, the system will reach a steady status. Thus,

$$ts = \max\{ts_t, ts_b\}.$$
 (11)

For the cable of diameter 0.686 mm in this experiment system, *ts* is approximately 15 min.

Step 2: Assemble the cable-driven system by using the pre-stretching method. Start the system, operate it until it reaches a steady state, and record the stress relaxation curve.

Step 3: Suspend the process for a while and stretch the cable to its initial preload again. Notably, the tension of the cable must be only increased during the process of dual stretching. If relaxation is encountered, the eliminated  $T_1$  would appear again, which indicates failure. After the dual stretching, the system operation is restarted and the tension is recorded; the result is illustrated in Figure 10.

As indicated by the figure, the stress relaxation has been significantly improved after dual stretching, which confirms that the dual stretching method is beneficial for the stability of the cable-driven system. For devices driven by cables, it is necessary to perform a simulation experiment to eliminate the first stress relaxation before putting them to use. This can effectively improve the safety and service life of the device, which has significance in relevant areas, such as surgical robotics.

#### 4.2 Pre-stretching Method vs. Dual Stretching Method for Cable-driven Devices

A needle holder for surgical suturing is widely used in clinical applications and it requires a large clamping





force. A traditional handheld needle holder assembled with rigid components is stable and can have a long service life. However, in a minimally invasive surgical system, the instruments generally have a cable-driven system; hence, their performance is closely related to the cable stress. Thus, the needle holder exclusive to the MicroHand S robotic surgical system developed by Tianjin University has been chosen as the application target. Six such instruments are divided into two groups and are assembled using pre- and dual stretching methods, respectively. The initial clamping force of the two groups is set to 15 N and each group is required to clamp the needle 300 times. The residual clamping force is tested finally and the results are shown in Figure 11.

As illustrated by the bar chart, the instruments assembled by using the dual stretching method have a higher residual clamping force even after being operated for 300 times; in contrast, the force is much smaller in the case of pre-stretching assembly.

#### **5** Conclusions

Based on measurements and curve fitting, this paper presents a stress relaxation formula for a cable-driven assembly. Two reasons for stress relaxation have been confirmed through experiments: one is related to the system structure and assembly, and the other is attributed to the creep. To enhance the stability of the cable system, we have proposed a dual stretching method and have demonstrated its feasibility through tests. In the assembly using this method, the cable stress could be increased by 8%–15%. Considering the instruments of the MicroHand S system as an example, we have conducted a comparative study between the pre-stretching and dual stretching methods and the results prove that the needle holder assembled using the dual stretching method has a longer service life.

#### Authors' Contributions

JL and SW were in charge of the whole trial; GZ designed the experiments and wrote the manuscript; XR assisted with experimental setup; KK finished the comparison experiment with the needle holder; JS assisted with data analysis. All authors read and approved the final manuscript.

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#### **Competing Interests**

The authors declare that they have no competing interests.

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